

San Diego Senior Games 2026

Event	Category	Plac	Pt	Name	Team Name	Total
800m	65-9	1	8	Mark Gookin	San Diego Striders	123
1500m		1	8			
50m	80-4	2	6	Alan Olson		
100m		3	4			
400m	90-4	1	8	William (Andy) Anderson		
800m		1	8			
50m	75-9	1	8	Edwin Rose		
100m		1	8			
200m		1	8			
400m		1	8			
1500m	80-4	3	4	Peter Stern		
3000m		1	8			
100m	80-4	4	3	James Brennan		
400m		2	6			
1500m		1	8			
50m	75-9	NS	0	James Malin		
Long Jump		2	6			
Discus		2	6			
Shot Put		1	8			
800m	W50-4	NS	0	Kristy Matthews	San Diego Track Club	32
1500m		NS	0			
1500PW		NS	0			
Javelin	60-4	1	8	Jason Twedt		
100m	55-9	DNF	0	Sheryl Bode		
200m		NS	0			
400m		NS	0			
50m	80-4	1	8	Nancy Morris		
100m		DNF	0			
Long Jump	75-9	1	8	John Tomaschke		
Triple Jump		1	8			
800m	65-9	2	6	Bob Lang	Sierra Gold	98
1500m		3	4			
50m	65-9	NS	0	Taylor Welz		
100m		NS	0			
80/100H		1	8			
300/400H		1	8			
Long Jump		1	8			
Triple Jump		1	8			
Javelin		NS	0			
50m	65-9	1	8	Eric Dahlgren		
100m		1	8			
200m		1	8			
800m	65-9	3	4	Mark Holmes		
1500m		3	4			
3000m		NS	0			
800m	65-9	3	4	Harold Holmes		
80/100H		3	4			

Long Jump		3	4		
High Jump		2	6		
Shot Put		2	6		
50m	W85-9	1	8	Kathy Bergen	SoCal Striders
100m		1	8		
200m		NS	0		
100m	W70-4	1	8	Jean Bowman	
50m	65-9	NS	0	Jeff McDermott	
100m		NS	0		
200m		NS	0		
Javelin		NS	0		
50m	W60-4	1	8	Donna Beard	
100m		NS	0		
1500PW		1	8		
High Jump		2	6		
Discus		1	8		
Hammer Throw		1	8		
Javelin		2	6		
Shot Put		1	8		
800m	65-9	NS	0	Ronald Benudiz	
100m	W65-9	2	6	Jeanne Roy	
200m		2	6		
400m		NS	0		
50m	W65-9	NS	0	Cara Black	
100m		NS	0		
200m		NS	0		
Discus	W70-4	2	6	Linn Dunton	
Hammer Throw		1	8		
Javelin		2	6		
Shot Put		1	8		
Javelin (added)	W65-9	1	8	Deborah Von Wincke	
High Jump		3	4		
Long Jump		1	8		
Triple Jump		1	8		
Shot Put (added)		1	8		
50m	W65-9	NS	0	Karen Maxwell	
100m		NS	0		
200m		NS	0		
80/100H		2	6		
300/400H		1	8		
High Jump		1	8		
50m	60-4	1	8	Stephen Chan	
100m		2	6		
200m		2	6		
Javelin		3	4		
50m	70-4	2	6	Linda Cohn	
Long Jump		1	8		
Triple Jump		1	8		
Discus		1	8		
Javelin		1	8		

Shot Put		2 6			
1500PW	80-4	1 8	Richard Campbell	SoCal Track Club	88
1500Race Walk		1 8			
50m	70-4	NS 0	Mike Tipping		
Discus		4 3			
Hammer Throw		3 4			
Javelin		1 8			
Shot Put		4 3			
50m	55-9	NS 0	Brian Mosley		
100m		NS 0			
200m		NS 0			
50m	90-4	1 8	Vernon Yates		
100m		1 8			
200m		1 8			
400m		2 6			
Long Jump		1 8			
Triple Jump		1 8			
Pole Vault	70-4	1 8	Ken St Cyr		

SAN DIEGO SENIOR GAMES TRACK AND FIELD - 9/13/2026**HOSTED BY SAN DIEGO SENIOR GAMES****SAN DIEGO MESA COLLEGE****Results****Event 1 M50 3000 Meter Run****Finals**

1	Mullins, Joseph	M54	unattached	13:17.33
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Event 1 M55 3000 Meter Run**Finals**

1	Hement, Rajendra	M57	unattached	13:12.89
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Event 1 M65 3000 Meter Run**Finals**

1	Tilley, Michael	M65	unattached	14:28.63
2	Hemmel, Mark	M68	unattached	15:17.93

Event 1 M70 3000 Meter Run**Finals**

1	Westbrook, Mike	M71	unattached	19:34.86
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Event 1 M75 3000 Meter Run**Finals**

1	Boisineau, Pete	M78	unattached	14:32.07
2	Stowell, Dennis	M78	unattached	19:34.82

Event 1 M80 3000 Meter Run**Finals**

1	Stern, Peter	M82	unattached	28:05.66
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Event 2 M80 1500 Meter Race Walk**Finals**

1	Campbell, Richard	M80	unattached	11:30.23
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Event 4 M70 80 Short Hurdles**Finals**

---	McLawhorn, David	M72	unattached	DNS	NWI
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Event 4 M85 80 Short Hurdles**Finals**

---	Rowan, Terry	M86	unattached	DNS	NWI
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Event 5 W60 80 Short Hurdles**Finals**

1	Nembach, Shannon	W62	unattached	22.63	NWI
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Event 5 W65 80 Short Hurdles**Finals**

1	Upshaw, Joy	W65	unattached	14.11	NWI
2	Maxwell, Karen	W68	unattached	14.75	NWI

Event 6 M50-69 100 Short Hurdles**Finals**

1	Welz, Taylor	M67	unattached	19.60	-0.5
2	Chen, Eric	M53	unattached	20.68	0.6
3	Holmes, Harold	M69	unattached	21.39	-0.5
4	Forte, Jonathon	M61	unattached	21.97	-0.5
---	Niroumand, Mahmoud	M69	unattached	DNS	-0.5

Event 7 W60 1500 Meter Race Walk POWER**Finals**

1	Beard, Donna	W63	unattached	10:04.94
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Event 7 W65 1500 Meter Race Walk POWER**Finals**

1	Clagon, Pauleete	W68	unattached	12:31.61
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Event 7 W70 1500 Meter Race Walk POWER**Finals**

1	Drastal, Carol Anne	W70	unattached	11:40.65
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Event 7 M70 1500 Meter Race Walk POWER**Finals**

1	Neale, Ray	M72	unattached	10:02.55
2	Palmer, Rick	M71	unattached	11:03.63
3	Binger, Richard	M70	unattached	11:14.22
4	Westbrook, Mike	M71	unattached	13:04.30

Event 7 M80 1500 Meter Race Walk POWER**Finals**

1	Campbell, Richard	M80	unattached	11:29.41
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Event 8 W75 1500 Meter Run**Finals**

1	Braxton, Freddie	W76	unattached	9:15.36
2	Murray, Betty	W75	unattached	10:31.81

Event 8 M50 1500 Meter Run**Finals**

1	Mullins, Joseph	M54	unattached	6:56.39
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Event 8 M55 1500 Meter Run**Finals**

1	Hement, Rajendra	M57	unattached	5:38.60
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Event 8 M60 1500 Meter Run**Finals**

1	Deitz, Mike	M63	unattached	5:33.54
2	McConnell, Tim	M62	unattached	5:52.64
3	Lang, Bob	M62	unattached	6:17.30
4	Tilley, Jim	M64	unattached	6:20.64

Event 8 M65 1500 Meter Run**Finals**

1	Gookin, Mark	M67	unattached	5:29.55
2	Tilley, Michael	M65	unattached	6:09.03
3	Holmes, Mark	M66	unattached	6:25.78

Event 8 M70 1500 Meter Run**Finals**

1	Elkner, William	M70	unattached	11:08.64
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Event 8 M75 1500 Meter Run**Finals**

1	Boisineau, Pete	M78	unattached	7:00.48
2	Stowell, Dennis	M78	unattached	9:15.24

SAN DIEGO SENIOR GAMES TRACK AND FIELD - 9/13/2026

HOSTED BY SAN DIEGO SENIOR GAMES

SAN DIEGO MESA COLLEGE

Results

Event 8 M80 1500 Meter Run

Finals

1	Brennan, James	M84	unattached	6:24.17
2	Sanfilippo, Steve	M84	unattached	7:36.76
3	Stern, Peter	M82	unattached	14:07.41

Event 9 W50 100 Meter Dash

Finals

1	Russo, Tiffany	W50	unattached	14.43	-0.5
---	Moore, Laticia	W52	unattached	DNS	NWI

Event 9 W55 100 Meter Dash

Finals

---	Moreno, Janelle	W58	unattached	DNS	NWI
---	Loggins, Camela	W56	unattached	DNS	NWI
---	Bode, Sheryl	W59	unattached	DNS	NWI

Event 9 W60 100 Meter Dash

Finals

1	Pope, Pauline	W62	unattached	21.32	-0.5
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Event 9 W65 100 Meter Dash

Finals

1	Upshaw, Joy	W65	unattached	14.61	-0.5
2	Roy, Jeanne	W65	unattached	15.24	-0.5
3	Matthews, Julie	W67	unattached	18.47	-0.5

Event 9 W70 100 Meter Dash

Finals

1	Bowman, Jeanne	W74	unattached	19.69	0.7
2	Stockstill, Sam	W71	unattached	20.96	-0.5

Event 9 W75 100 Meter Dash

Finals

1	kelly, Pat	W76	unattached	18.62	0.7
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Event 9 W80 100 Meter Dash

Finals

---	Morris, Nancy	W80	unattached	DNF	0.7
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Event 9 W85 100 Meter Dash

Finals

1	Bergen, Kathy	W87	unattached	19.45	0.7
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Event 10 M50 100 Meter Dash

Finals

1	Peng, Micah	M52	unattached	13.09	0.6
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Event 10 M55 100 Meter Dash

Finals

1	Michelson, David	M56	unattached	14.13	0.6
2	kakutani, Alex	M59	unattached	15.13	0.6
3	Bilotta, Timothy	M56	unattached	15.15	0.6

Event 10 M60 100 Meter Dash

Finals

1	Forte, Jonathon	M61	unattached	14.44	-1.2
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2	Chan, Stephen	M64	unattached	15.31	-1.2
3	Dhaliwal, Amarpreet	M64	unattached	15.54	-1.2
4	Guhmman, Sarbijt	M64	unattached	15.56	-1.2
5	Davis, Chris	M63	unattached	15.94	-1.2

Event 10 M65 100 Meter Dash

Finals

1	Dahlgren, Eric	M66	unattached	14.21	0.6
2	Chinn, James	M68	unattached	14.60	0.6
3	Chen, Peter	M68	unattached	15.43	0.6
4	Pyle, Tim	M68	unattached	15.73	0.6
5	Sandhu, Beant	M65	unattached	16.88	0.6
6	Tilley, Michael	M65	unattached	17.03	-1.2
7	Dimassa, David	M67	unattached	18.93	0.6

Event 10 M70 100 Meter Dash

Finals

1	Waithe, Roland	M71	unattached	14.60	0.7
2	Nakamura, Ken	M73	unattached	15.22	0.7
3	Pearman, Clint	M70	unattached	15.44	-1.2
4	Robinson, Mark	M71	unattached	16.46	0.7
5	Peluso, Thomas	M73	unattached	16.90	0.7
6	Indiviglia, Lawrence	M71	unattached	17.39	0.7
7	Doyle, Wayne	M70	unattached	17.96	0.7
8	Stone, Ken	M72	unattached	20.19	0.7

Event 10 M75 100 Meter Dash

Finals

1	Rose, Ed	M78	unattached	16.00	1.1
2	Dybens, Bruce	M76	unattached	23.28	1.1
---	Salazar, Alan	M75	unattached	DNS	1.1
---	Michon, Peter	M75	unattached	DNS	1.1

Event 10 M80 100 Meter Dash

Finals

1	Schneider, John	M81	unattached	16.84	1.1
2	Cox, Gary	M84	unattached	20.93	1.1
3	Olson, Alan	M84	unattached	21.50	1.1
4	Brennan, James	M84	unattached	27.30	1.1
---	Dayes, Vincent	M80	unattached	DNS	1.1

Event 10 M85 100 Meter Dash

Finals

1	Rowan, Terry	M86	unattached	18.03	1.8
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Event 10 M90 100 Meter Dash

Finals

1	Yates, Vernon	M91	unattached	22.59	1.8
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Event 11 W60 400 Meter Dash

Finals

1	Wilmott, Tina	W60	unattached	1:16.69
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Event 11 W75 400 Meter Dash

Finals

1	kelly, Pat	W76	unattached	1:38.61
2	Murray, Betty	W75	unattached	2:04.18

SAN DIEGO SENIOR GAMES TRACK AND FIELD - 9/13/2026**HOSTED BY SAN DIEGO SENIOR GAMES****SAN DIEGO MESA COLLEGE****Results****Event 12 M50 400 Meter Dash****Finals**

1	Matulka, Ryan	M52	unattached	57.38
2	Mullins, Joseph	M54	unattached	1:35.23

Event 12 M60 400 Meter Dash**Finals**

1	Duplessis, John	M63	unattached	1:05.89
2	Forte, Jonathon	M61	unattached	1:16.33
3	Guhmman, Sarbijt	M64	unattached	1:17.27
4	Tilley, Jim	M64	unattached	1:20.53
5	De Bont, Maury	M64	unattached	1:29.29

Event 12 M65 400 Meter Dash**Finals**

1	Tilley, Michael	M65	unattached	1:14.74
2	Jordan, Paul	M68	unattached	1:31.87

Event 12 M70 400 Meter Dash**Finals**

1	Waithe, Roland	M71	unattached	1:22.53
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Event 12 M75 400 Meter Dash**Finals**

1	Rose, Ed	M78	unattached	1:21.34
2	Stowell, Dennis	M78	unattached	1:56.65

Event 12 M80 400 Meter Dash**Finals**

1	Sanfilippo, Steve	M84	unattached	1:24.68
2	Brennan, James	M84	unattached	2:04.56

Event 12 M85 400 Meter Dash**Finals**

1	Anderson, Andy	M89	unattached	1:40.45
2	Esquibel, Herman	M88	unattached	2:13.72

Event 12 M90 400 Meter Dash**Finals**

1	Yates, Vernon	M91	unattached	2:24.23
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Event 13 M85 200 Long Hurdles**Finals**

---	Rowan, Terry	M86	unattached	DNS	NWI
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Event 14 W65 300 Long Hurdles**Finals**

1	Maxwell, Karen	W68	unattached	1:01.94
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Event 14 M60 300 Long Hurdles**Finals**

1	Forte, Jonathon	M61	unattached	1:01.03
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Event 14 M65 300 Long Hurdles**Finals**

1	Welz, Taylor	M67	unattached	52.42
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Event 16 M50 400 Long Hurdles**Finals**

1	Chen, Eric	M53	unattached	1:28.96
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Event 17 W50 50 Meter Dash**Finals**

1	Russo, Tiffany	W50	unattached	7.70	1.8
2	Adams-Centers, Monica	W50	unattached	9.17	1.8

Event 17 W55 50 Meter Dash**Finals**

1	De Rada, Maria	W59	unattached	9.16	1.8
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Event 17 W60 50 Meter Dash**Finals**

1	Beard, Donna	W63	unattached	8.69	0.7
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Event 17 W65 50 Meter Dash**Finals**

1	Upshaw, Joy	W65	unattached	7.97	0.7
2	Matthews, Julie	W67	unattached	9.21	0.7

Event 17 W70 50 Meter Dash**Finals**

1	Stockstill, Sam	W71	unattached	9.41	0.6
2	Cohn, Linda	W74	unattached	9.75	0.6

Event 17 W75 50 Meter Dash**Finals**

1	kelly, Pat	W76	unattached	9.69	0.6
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Event 17 W80 50 Meter Dash**Finals**

1	Morris, Nancy	W80	unattached	21.13	0.6
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Event 17 W85 50 Meter Dash**Finals**

1	Bergen, Kathy	W87	unattached	10.21	0.6
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Event 18 M55 50 Meter Dash**Finals**

1	Michelson, David	M56	unattached	7.41	-0.6
2	Bilotta, Timothy	M56	unattached	7.85	-0.6

Event 18 M60 50 Meter Dash**Finals**

1	Chan, Stephen	M64	unattached	7.89	-0.6
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Event 18 M65 50 Meter Dash**Finals**

1	Dahlgren, Eric	M66	unattached	7.53	0.7
2	Pyle, Tim	M68	unattached	8.24	1.0
3	Chen, Peter	M68	unattached	8.25	1.0
4	Tilley, Michael	M65	unattached	8.95	0.7
---	Cottong, Brent	M69	unattached	DNS	1.0
---	McDermott, Jeff	M69	unattached	DNS	1.0
---	McCONKEY, Phil	M69	unattached	DNS	1.0

SAN DIEGO SENIOR GAMES TRACK AND FIELD - 9/13/2026**HOSTED BY SAN DIEGO SENIOR GAMES
SAN DIEGO MESA COLLEGE****Results****Event 18 M70 50 Meter Dash****Finals**

1	Waithe, Roland	M71	unattached	7.90	1.0
2	Nakamura, Ken	M73	unattached	8.07	1.0
3	Pearman, Clint	M70	unattached	8.10	0.8
4	Peluso, Thomas	M73	unattached	8.66	1.0
5	Mukai, Francis	M70	unattached	8.67	1.0
6	Robinson, Mark	M71	unattached	8.76	0.8
7	Binger, Richard	M70	unattached	9.85	1.0

Event 18 M75 50 Meter Dash**Finals**

1	Rose, Ed	M78	unattached	8.38	0.8
2	Dybens, Bruce	M76	unattached	11.91	0.8

Event 18 M80 50 Meter Dash**Finals**

1	Cox, Gary	M84	unattached	10.74	1.4
2	Olson, Alan	M84	unattached	11.22	1.4

Event 18 M90 50 Meter Dash**Finals**

1	Yates, Vernon	M91	unattached	11.49	1.4
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Event 19 W60 800 Meter Run**Finals**

1	Pope, Pauline	W62	unattached	3:49.32	
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Event 19 W75 800 Meter Run**Finals**

1	Braxton, Freddie	W76	unattached	4:36.71	
2	Murray, Betty	W75	unattached	5:21.13	

Event 20 M50 800 Meter Run**Finals**

1	Mullins, Joseph	M54	unattached	3:39.61	
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Event 20 M60 800 Meter Run**Finals**

1	Duplessis, John	M63	unattached	2:39.62	
2	Lang, Bob	M62	unattached	2:48.97	
3	Deitz, Mike	M63	unattached	2:53.30	
4	Fredrikson, Keith	M62	unattached	3:00.49	
5	Tilley, Jim	M64	unattached	3:09.47	
6	De Bont, Maury	M64	unattached	3:48.73	

Event 20 M65 800 Meter Run**Finals**

1	Gookin, Mark	M67	unattached	2:42.46	
2	Tilley, Michael	M65	unattached	3:08.02	
3	Holmes, Harold	M69	unattached	3:25.18	

Event 20 M70 800 Meter Run**Finals**

1	Pittman, Patrick	M74	unattached	5:49.42	
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Event 20 M75 800 Meter Run**Finals**

1	Stowell, Dennis	M78	unattached	4:35.29	
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Event 20 M80 800 Meter Run**Finals**

1	Sanfilippo, Steve	M84	unattached	3:45.87	
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Event 20 M85 800 Meter Run**Finals**

1	Anderson, Andy	M89	unattached	4:11.56	
2	Esquibel, Herman	M88	unattached	5:44.13	

Event 23 W65 200 Meter Dash**Finals**

1	Upshaw, Joy	W65	unattached	31.08	-1.1
2	Roy, Jeanne	W65	unattached	32.96	-1.1
3	Matthews, Julie	W67	unattached	40.89	-1.1

Event 23 W75 200 Meter Dash**Finals**

1	kelly, Pat	W76	unattached	42.74	-1.1
2	Murray, Betty	W75	unattached	51.20	-1.1

Event 24 M50 200 Meter Dash**Finals**

1	Matulka, Ryan	M52	unattached	26.45	0.8
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Event 24 M55 200 Meter Dash**Finals**

1	Michelson, David	M56	unattached	30.87	0.8
2	kakutani, Alex	M59	unattached	31.75	0.8

Event 24 M60 200 Meter Dash**Finals**

1	Forte, Jonathon	M61	unattached	30.93	0.8
2	Chan, Stephen	M64	unattached	31.84	0.8
3	Tilley, Jim	M64	unattached	35.26	0.6
4	Fredrikson, Keith	M62	unattached	35.32	0.8

Event 24 M65 200 Meter Dash**Finals**

1	Dahlgren, Eric	M66	unattached	29.93	0.6
2	Pyle, Tim	M68	unattached	34.01	0.6
3	Tilley, Michael	M65	unattached	34.63	0.6
4	Jordan, Paul	M68	unattached	35.70	0.6

Event 24 M70 200 Meter Dash**Finals**

1	Nakamura, Ken	M73	unattached	31.02	0.6
2	Waithe, Roland	M71	unattached	31.43	0.6
3	Robinson, Mark	M71	unattached	36.34	0.6

Event 24 M75 200 Meter Dash**Finals**

1	Rose, Ed	M78	unattached	33.44	1.4
2	Dybens, Bruce	M76	unattached	59.79	1.4

SAN DIEGO SENIOR GAMES TRACK AND FIELD - 9/13/2026**HOSTED BY SAN DIEGO SENIOR GAMES****SAN DIEGO MESA COLLEGE****Results****Event 24 M90 200 Meter Dash****Finals**

1	Yates, Vernon	M91	unattached	56.43	1.4
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Event 25 W60 Shot Put**Finals**

1	Beard, Donna	W63	unattached	10.57m
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Event 25 W65 Shot Put**Finals**

1	Scott, Sandee	W69	unattached	8.57m
2	Branch, Nicki	W68	unattached	7.70m
3	Von Winckelmann, Deborah	W67	unattached	7.66m
4	Feenan, Geraldine	W66	unattached	6.23m

Event 25 W70 Shot Put**Finals**

1	Dunton, Linn	W70	unattached	9.02m
2	Cohn, Linda	W74	unattached	7.73m
3	Evans, Eleanor	W74	unattached	6.44m
---	Staub, Britta	W74	unattached	DNS

Event 26 M55 Shot Put**Finals**

1	Carter, Patrick	M55	unattached	10.58m
2	Veskimagi, Margo	M55	unattached	9.73m

Event 26 M60 Shot Put**Finals**

1	Mattson, Kelly	M60	unattached	15.67m
2	Starkey, Paul	M63	unattached	13.00m
3	Magers, Steve	M62	unattached	9.77m
4	Orme III, Vincent	M63	unattached	8.54m
5	Centers, Mark	M62	unattached	7.49m
---	Edwards, Timothy	M62	unattached	DNS

Event 26 M65 Shot Put**Finals**

1	Holden, Gregory	M68	unattached	11.44m
2	Holmes, Harold	M69	unattached	8.65m
---	Weber, Bradley	M67	unattached	DNS
---	Niroumand, Mahmoud	M69	unattached	DNS

Event 26 M70 Shot Put**Finals**

1	Young, Scott	M70	unattached	13.68m
2	McLawhorn, David	M72	unattached	9.22m
3	Binger, Richard	M70	unattached	8.31m
4	Tipping, Mike	M74	unattached	7.90m

Event 26 M75 Shot Put**Finals**

1	Malin, James	M75	unattached	10.56m
2	Abatzoglou, Theagenis	M76	unattached	10.05m
3	Mulhern, Edward	M79	unattached	6.84m

Event 26 M80 Shot Put**Finals**

1	Widmer, Ronald	M84	unattached	9.27m
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Event 26 M85 Shot Put**Finals**

1	Sepin, Arthur	M87	unattached	8.45m
2	Johnson, Richard	M88	unattached	5.69m

Event 27 M60 Pole Vault**Finals**

---	Magers, Steve	M62	unattached	DNS
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Event 27 M65 Pole Vault**Finals**

---	Niroumand, Mahmoud	M69	unattached	DNS
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Event 27 M70 Pole Vault**Finals**

1	St. Cyr, Ken	M74	unattached	2.75m
---	Litchfield, Ryan	M73	unattached	DNS
---	McLawhorn, David	M72	unattached	DNS

Event 28 W50 Long Jump**Finals**

1	Adams-Centers, Monica	W50	unattached	2.53m	NWI
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Event 28 W55 Long Jump**Finals**

1	De Rada, Maria	W59	unattached	2.70m	NWI
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Event 28 W65 Long Jump**Finals**

1	Von Winckelmann, Deborah	W67	unattached	3.41m	NWI
2	Branch, Nicki	W68	unattached	2.60m	NWI

Event 28 W70 Long Jump**Finals**

1	Cohn, Linda	W74	unattached	2.95m	NWI
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Event 29 M55 Long Jump**Finals**

1	Risley, Mke	M57	unattached	5.17m	NWI
2	Bilotta, Timothy	M56	unattached	4.09m	NWI

Event 29 M60 Long Jump**Finals**

1	Orme III, Vincent	M63	unattached	3.80m	NWI
2	Tilley, Jim	M64	unattached	3.16m	NWI
3	Centers, Mark	M62	unattached	2.07m	NWI

Event 29 M65 Long Jump**Finals**

1	Welz, Taylor	M67	unattached	4.42m	NWI
2	Chen, Peter	M68	unattached	4.08m	NWI
3	Holmes, Harold	M69	unattached	3.87m	NWI
4	Alston, Michael	M69	unattached	2.97m	NWI

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5	Tilley, Michael	M65	unattached	2.81m	NWI
6	Weber, Bradley	M67	unattached	2.70m	NWI
7	Dendy, Timothy	M66	unattached	1.15m	NWI

Event 29 M70 Long Jump**Finals**

1	Nakamura, Ken	M73	unattached	3.69m	NWI
2	Mukai, Francis	M70	unattached	3.50m	NWI
3	McLawhorn, David	M72	unattached	3.40m	NWI
4	Pittman, Patrick	M74	unattached	2.52m	NWI

Event 29 M75 Long Jump**Finals**

1	Tomaschke, John	M77	unattached	3.93m	NWI
2	Malin, James	M75	unattached	3.40m	NWI

Event 29 M90 Long Jump**Finals**

1	Yates, Vernon	M91	unattached	2.08m	NWI
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Event 30 W60 Discus Throw**Finals**

1	Beard, Donna	W63	unattached	30.86m	
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Event 30 W65 Discus Throw**Finals**

1	Branch, Nicki	W68	unattached	14.23m	
2	Feenan, Geraldine	W66	unattached	14.09m	

Event 30 W70 Discus Throw**Finals**

1	Cohn, Linda	W74	unattached	21.20m	
2	Dunton, Linn	W70	unattached	21.01m	

Event 31 M55 Discus Throw**Finals**

1	Veskimagi, Margo	M55	unattached	35.89m	
2	Carter, Patrick	M55	unattached	32.10m	
---	Theodore, Dean	M59	unattached	DNS	

Event 31 M60 Discus Throw**Finals**

1	Mattson, Kelly	M60	unattached	56.02m	
2	Starkey, Paul	M63	unattached	43.28m	
3	Magers, Steve	M62	unattached	35.55m	
4	Dhaliwal, Amarpreet	M64	unattached	22.91m	
5	Centers, Mark	M62	unattached	17.15m	
---	Edwards, Timothy	M62	unattached	DNS	

Event 31 M65 Discus Throw**Finals**

1	Holden, Gregory	M68	unattached	34.44m	
2	Sandhu, Beant	M65	unattached	19.75m	
---	DeRosa, Don	M69	unattached	DNS	
---	Niroumand, Mahmoud	M69	unattached	DNS	

Event 31 M70 Discus Throw**Finals**

1	Young, Scott	M70	unattached	38.81m	
2	Brown, Jeff	M70	unattached	38.62m	
3	McLawhorn, David	M72	unattached	25.39m	
4	Tipping, Mike	M74	unattached	24.67m	
5	Meyers, John	M72	unattached	21.33m	

Event 31 M75 Discus Throw**Finals**

1	Abatzoglu, Theagenis	M79	unattached	32.05m	
2	Malin, James	M75	unattached	29.91m	
3	Mulhern, Edward	M79	unattached	13.87m	

Event 31 M80 Discus Throw**Finals**

1	Hart, Lawrence	M80	unattached	35.69m	
2	Widmer, Ronald	M84	unattached	18.63m	
---	Dayes, Vincent	M80	unattached	DNS	

Event 31 M85 Discus Throw**Finals**

1	Sepin, Arthur	M87	unattached	21.91m	
2	Johnson, Richard	M88	unattached	13.94m	
---	Moran, Jim	M86	unattached	DNS	

Event 32 W65 Triple Jump**Finals**

1	Von Winckelmann, Deborah	W67	unattached	7.55m	NWI
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Event 32 W70 Triple Jump**Finals**

1	Cohn, Linda	W74	unattached	6.57m	NWI
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Event 33 M60 Triple Jump**Finals**

1	Dhaliwal, Amarpreet	M64	unattached	7.48m	NWI
2	Tilley, Jim	M64	unattached	7.16m	NWI
3	Centers, Mark	M62	unattached	5.59m	NWI

Event 33 M65 Triple Jump**Finals**

1	Welz, Taylor	M67	unattached	8.80m	NWI
2	Chen, Peter	M68	unattached	6.76m	NWI
3	Tilley, Michael	M65	unattached	6.28m	NWI

Event 33 M70 Triple Jump**Finals**

1	Lariza, Mike	M70	unattached	9.56m	NWI
2	Mukai, Francis	M70	unattached	7.92m	NWI
3	Pittman, Patrick	M74	unattached	6.21m	NWI

Event 33 M75 Triple Jump**Finals**

1	Tomaschke, John	M77	unattached	7.97m	NWI
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1	Yates, Vernon	M91	unattached	4.38m	NWI
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Event 34 W50 High Jump**Finals**

---	Stansell, Tawnya	W52	unattached	DNS	
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Event 34 W60 High Jump**Finals**

1	Nembach, Shannon	W62	unattached	1.14m	
2	Beard, Donna	W63	unattached	1.04m	

Event 34 W65 High Jump**Finals**

1	Maxwell, Karen	W68	unattached	1.24m	
2	Upshaw, Joy	W65	unattached	1.19m	
3	Von Winckelmann, Deborah	W67	unattached	1.09m	

Event 35 M60 High Jump**Finals**

1	Forte, Jonathon	M61	unattached	1.35m	
---	Dhaliwal, Amarpreet	M64	unattached	NH	

Event 35 M65 High Jump**Finals**

1	Nielson, Kim	M68	unattached	1.55m	
2	Holmes, Harold	M69	unattached	1.35m	
3	Alston, Michael	M69	unattached	1.30m	
---	Weber, Bradley	M67	unattached	NH	

Event 35 M75 High Jump**Finals**

1	Rader, Charlie	M78	unattached	1.35m	
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Event 35 M80 High Jump**Finals**

---	Jordan, Louis	M81	unattached	DNS	
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Event 36 W60 Javelin Throw**Finals**

1	Nembach, Shannon	W62	unattached	33.92m	
2	Beard, Donna	W63	unattached	31.03m	

Event 36 W65 Javelin Throw**Finals**

1	Von Winckelmann, Deborah	W67	unattached	20.78m	
2	Feenan, Geraldine	W66	unattached	10.98m	

Event 36 W70 Javelin Throw**Finals**

1	Cohn, Linda	W74	unattached	27.22m	
2	Dunton, Linn	W70	unattached	21.37m	

Event 37 M55 Javelin Throw**Finals**

1	Guerra, Carlos	M56	unattached	30.79m	
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2	Carter, Patrick	M55	unattached	29.03m	
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Event 37 M60 Javelin Throw**Finals**

1	Twedt, Jason	M63	unattached	39.79m	
2	Magers, Steve	M62	unattached	30.74m	
3	Chan, Stephen	M64	unattached	25.40m	
4	Centers, Mark	M62	unattached	15.40m	

Event 37 M65 Javelin Throw**Finals**

---	Sandhu, Beant	M65	unattached	ND	
---	Welz, Taylor	M67	unattached	DNS	

Event 37 M70 Javelin Throw**Finals**

1	Tipping, Mike	M74	unattached	26.28m	
2	McLawhorn, David	M72	unattached	25.77m	

Event 37 M80 Javelin Throw**Finals**

1	Widmer, Ronald	M84	unattached	20.30m	
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Event 37 M85 Javelin Throw**Finals**

1	Sepin, Arthur	M87	unattached	13.86m	
2	Johnson, Richard	M88	unattached	8.22m	

Event 38 W60 Hammer Throw**Finals**

1	Beard, Donna	W63	unattached	44.65m	
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Event 38 W65 Hammer Throw**Finals**

1	Scott, Sandee	W69	unattached	18.98m	
2	Feenan, Geraldine	W66	unattached	17.10m	

Event 38 W70 Hammer Throw**Finals**

1	Dunton, Linn	W70	unattached	17.33m	
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Event 39 M60 Hammer Throw**Finals**

1	Dhaliwal, Amarpreet	M64	unattached	29.78m	
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Event 39 M65 Hammer Throw**Finals**

1	Sandhu, Beant	M65	unattached	22.15m	
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Event 39 M70 Hammer Throw**Finals**

1	McLawhorn, David	M72	unattached	27.00m	
2	Meyer, Thomas	M74	unattached	23.91m	
3	Tipping, Mike	M74	unattached	21.12m	

Event 39 M80 Hammer Throw**Finals**

1	Jordan, Louis	M81	unattached	39.78m	
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Results

Finals ... (Event 39 M80 Hammer Throw)				
2	Widmer, Ronald	M84	unattached	22.32m

Event 39 M85 Hammer Throw

Finals				
1	Sepin, Arthur	M87	unattached	26.40m
2	Johnson, Richard	M88	unattached	14.93m

SAN DIEGO SENIOR GAMES

TEAM RESULTS 09/13/2026

1 SoCal Striders	252
2 San Diego Striders	123
3 Sierra Gold	98
4 SoCal Track Club	88
5 Joy's Jackrabbits	66
6 Jamul Toads	63
7 Central Valley Lions	46
8 Trojans Masters TC	39
9 Team Red White & Blue	16
10 Rapla SVK (Estonia)	14
11 Team Starkey	12
12 Flashback Track & Field	8